Katie Mowry Food Service Director GLC@nsfm.com *Menu subject to change

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Lunch Includes: Protein Choose at least 3 out of 5 or veggie. You may take 2 <br>  | Fruit Veggie Milk nents- 1 must be a fruit \& veggies! <br> for ALL Students | Chicken Fingers <br> Turkey \& Cheese <br> Sides: <br> Mashed Potato <br> Fruit of the Day | Fish Sticks <br> w/ Roll <br> Bologna \& Cheese <br> Sides: <br> Mixed Veggies Fruit of the Day | Pizza <br> Chicken Caesar Wrap <br> Sides: <br> Caesar Salad Fruit of the Day |
| Ham \& Cheese <br> Bagel BBQ Chicken Wrap <br> Sides: <br> Diced Potatoes Fruit of the Day | Chicken Nachos <br> w/ Fixings <br> Italian Hoagie <br> Sides: <br> Corn <br> Fruit of the Day | Turkey, Bacon \& Cheese Melt Turkey \& Cheese <br> Sides: <br> Smiles <br> Fruit of the Day | Pizza Crunchers <br> Bologna \& Cheese <br> Sides: <br> String Beans <br> Fruit of the Day | Pizza Chicken Caesar Wrap Sides: Caesar Salad Fruit of the Day |
| Chicken Nuggets <br> w/ roll BBQ Chicken Wrap <br> Sides: <br> Broccoli <br> Fruit of the Day | French Toast w/ Bacon Italian Hoagie <br> Sides: <br> Tater Tots Fruit of the Day | Sausage, Egg \& Cheese on Roll Turkey \& Cheese <br> Sides: <br> Tater Tots Fruit of the Day | Cheeseburger On a Bun Bologna \& Cheese <br> Sides: Baked Beans Fruit of the Day | Pizza <br> Chicken Caesar Wrap <br> Sides: <br> Caesar Salad Fruit of the Day |
| Grilled Cheese BBQChicken Wrap <br> Sides: <br> String Beans Fruit of the Day | Chicken Soft Tacos Italian Hoagie $\frac{\text { Sides: }}{\text { Rice }}$ <br> Fruit of the Day | Momma's Meat Sauce <br> w/ Pasta Turkey \& Cheese <br> Sides: <br> Caesar Salad <br> Fruit of the Day | Mozzarella Sticks w/ marinara sauce Bologna \& Cheese <br> Sides: <br> Carrots <br> Fruit of the Day | Pizza <br> Chicken Caesar Wrap <br> Sides: <br> Caesar Salad Fruit of the Day |
|  | Chicken Patty On a bun <br> Sides: <br> Baked Beans Fruit of the Day | Hot Dog On a Bun Turkey \& Cheese <br> Sides: <br> French Fries Fruit of the Day | Macaroni \& Cheese w/ Corn Bread Bologna \& Cheese <br> Sides: <br> String Beans <br> Fruit of the Day | Pizza <br> Chicken Caesar Wrap <br> Sides: <br> Caesar Salad Fruit of the Day |

View your lunch account: www.schoolpaymentportal.com

